

Frank Czuba
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Education

DrOT Governors State University, Occupational Therapy (2017).
Capstone Project: Exploring Transgender Adolescent Social Participation Outside of Family and School Through PhotoVoice.

B.S. University of Illinois-Chicago, Occupational Therapy (1993).

Publications

Czuba, F., Sain, K., Burke, B., Carr, M., Lending, D. (2024). Exploring the Role of Occupational Therapy in the Delivery of Trauma-Informed Services to Hospital-Based Clients. *Journal of Applied Disciplines*.

Czuba, F., Schranz, C., Burley, N., Dermer, S., Mejta, C., Mayer., C. (2023). Development and Implementation of Substance Use Training for Allied and Behavioral Health Professionals. Addressing the Epidemic and Improving the Outcomes. *Journal of Allied Health. Vol. 53, No. 3*.

Czuba, F., Burd, M., Richman, N., Barnes, A., Barnes, L., Ellison, J., Richert., J. (2023). A Call to Action: Occupational Therapy as Effective Healthcare Leaders and Managers. Illinois Occupational Therapy Association Communique

Czuba, F. (2023). Occupational Therapy Awareness Month. AGORA, the Governors State University Newsletter.

Presentations

Czuba, F., Richert, J. How Leaders and Managers Can Support the Well-being and Occupational Performance of Occupational Therapy Practitioners on Their Teams. ILOTA Administration and Management Special Interest Section. Illinois Occupational Therapy Association's Annual Conference. (November 2024).

Czuba, F. Session Facilitator for the Special Interest Section's Conversations that Matter: Administration and Management. Illinois Occupational Therapy Association's Annual Conference. (November 2024).

Czuba, F. Re-imagining Health for Your Future Self: Incorporating Strategies to Live a Long and Healthy Life. College of Health and Human Services Epic Health Fair. Governors State University. (October 2024).

Czuba, F., Cheng, K.W. Prevalence and Correlates of Illinoisan Adolescent Use of Cannabis, Electronic Cigarettes, and Combustible Tobacco. Concurrent

Presentation. Association of Schools Advancing Health Professionals Annual Conference. (October 2024).

Czuba, F. Action Research and Photovoice: Keynote Panel Presentation – Creative Research Methods at Governors State University: Possibilities for Cross-Pollination and Collaboration. Governors State University Research Days, (April 2024).

Czuba, F., Schranz, C. Self-Regulation and Mindfulness in the Classroom. College of Health and Human Services Conference: Fostering Educational and Vocational Success for Young Adults with Disabilities. Governors State University. (March 2024).

Czuba, F. Fall Prevention and Recovery Strategies. Governors State University Stroke Support Group. (March 2023).

Czuba, F. OT Leaders' Promotion of Best Practices in Quality Care Transitions. Poster presentation. AOTA Annual Conference. (April 2023).

Czuba, F. Student Health and Wellness Series. Master of Occupational Therapy Program. Governors State University. September through (December 2022).

Czuba, F., Schranz, C. Development and Implementation of Substance Abuse Training for Allied Health Professionals: Addressing the Epidemic and Improving the Outcomes. Association of Schools Advancing Health Professions, Annual Conference. (October 2022).

Czuba, F. Development and Implementation of a Staff, Faculty and Student Wellness Series. Governors State University. College of Health and Human Services, All college meeting. (January 2022).

Czuba, F. OT Leaders' Promotion of Best Practice in Quality Care Transitions. Illinois Occupational Therapy Association's Poster Cluster Discussion. (November 2021).

Czuba, F. How Occupational Therapy can help those with Parkinson's Disease. Virtual Presentation. American Parkinson Disease Association, Northwest Chapter. (November 2021).

Czuba, F., Cram, M., and Ryan, A. Exploring Quality Care Transitions - Leaders and Managers Perspectives. Illinois Occupational Therapy Association, Conversations That Matter Series. (October 2021).

Czuba, F., Gertos, M. Sexual Harassment in the Workplace: An Occupational Therapy Perspective. ILOTA Sponsored CEU presented at the annual conference. Developed and recorded to serve as a permanent CEU resource for members to meet state licensure requirements. *1.0 CEU* (October 2021).

Czuba, F. (2021). OT in Health Promotion and Wellness. Podcast: advOcaTe hosted by Samantha Holzschu MOT, OTR/L. (January/February 2021).

Czuba, F. Reimagining Occupational Therapy as a Healthcare Provider. ILOTA Annual Student Conclave. Opening speaker. (February 2020).

Czuba, F., Harting, M. Allen Cognitive Disabilities Model. *HCR ManorCare*. 6.0-hour CEU. (2018).

Czuba, F., Exploring Adolescent Social Participation Outside of Family and School Through PhotoVoice. *ILOTA Annual State Conference*. 1.5-hour CEU. (2017).

Czuba, F. Supporting Transgender Youth. *Pediatrics SIS, ILOTA Annual State Conference*. 1.0-hour CEU. (2017).

Czuba, F. High Intensity Strength Training for Older Adults. *HCR ManorCare*. 1.0-hour CEU. (2011).

Czuba, F., Gertos, M. Wheelchair Positioning and Restraint Reduction. *HCR ManorCare*. 4.0-hour CEU. (2010).

Czuba, F. High Intensity Strength Training for Older Adults. *HCR ManorCare*. 1.0-hour CEU. (2010).

Czuba, F., King, M. Impact of Arthritis on Activities of Daily Living and Non-Pharmacological Therapy Treatment Approaches. *Impact Arthritis 2010*. 1.0-hour CEU. (2010).

Czuba, F., Serratella, S. Are You Measuring Up? Review of Standardized Tests and Measures for Clinical Assessment. *HCR ManorCare*. 2.0-hour CEU. (2010).

Czuba, F. Fusion Therapy: Integrating Yoga, Pilates, Tai Chi and Plyometrics into a Holistic Practical Approach to Facilitate Positive Rehabilitative Outcomes. *Iowa Occupational Therapy Association Annual State Conference*. 7.75-hour CEU. (2009).

Czuba, F., Gertos, M. Neurodevelopmental Techniques in Adult Hemiplegia. *HCR ManorCare*. 6.0-hour CEU. (2009).

Czuba, F., Gertos, M. Wheelchair Positioning and Restraint Reduction. *HCR ManorCare*. 4.0-hour CEU. (2009).

Czuba, F., Parise, F., Mines, M. Optimizing Illinois Department of Public Aid Reimbursement Through Successful Rehabilitation and Restorative Programs. *Quality Therapy and Consultation*. 6.0-hour CEU. (2004).

University / College Guests Lectures

Re-imagining Health for Your Future Self: Incorporating Strategies to Live a Long and Healthy Life. (September 2024). 2nd Annual Wellness Week. *Governors State University*.

Fostering Evidence-Based Practice in the Provision of Health and Wellness Services: Interprofessional Collaboration and Program Development. (July 2024). Combined Community Health, Social Work and Occupational Therapy Departmental Student Cohorts. *Governors State University*.

Fostering Evidence-Based Practice in the Provision of Health and Wellness Services: Interprofessional Collaboration and Program Development. (June 2023). Combined Physical and Occupational Therapy Departmental Student Cohorts. *Governors State University*.

Mindful Movement Series. Developed, coordinated, and presented a virtual session series to the university community. Provided participants with opportunities to explore various mind-body strategies to foster well-being and overall health. Included a discussion of relevant research related to approaches introduced in each session to promote evidence-based practice. (Spring, 2021). *Governors State University*.

Managing and Leadership in Post-Acute Rehabilitation Utilizing an Interprofessional Team Process. (2019). *Midwestern University*.

Exploring Adolescent Social Participation Outside of Family and School Through PhotoVoice. (2019). *University of Illinois-Chicago*.

Understanding the Interdisciplinary Team Process in Post-Acute Rehabilitation Utilizing the Rehab Huddle Program. (2017). *Governors State University*.

Exploring the Changing Role of OT within Post-Acute Rehabilitation Utilizing Best Practice. (2017). *University of Illinois-Chicago*.

Describing the Differences in OT Practice Between Australia and the United States with Regards to Scope of Practice, Client Population, and Reimbursement Issues. (2016). *Elmhurst College*.

Scholarly Projects

Primary research project coordinator for sub-committee of ILOTA's AMSIS to develop state practice guidelines for Occupational Therapy and Differential Diagnosis: Clinical Decision-Making as an Aspect of Direct Access. (2024-2025). *Illinois Occupational Therapy Association*.

Primary research advisor for MOT Student Independent Research Study: Bette, G., Jackowski, J., Sheehan, K., Watson, A. Exploring Interprofessional Collaborative Practice and Occupational Therapy's Contribution. (2024). *Governors State University*

Primary research advisor for MOT Student Independent Research Study: Burke, B., Carr, M., Lending., D. Exploring the Role of Occupational Therapy in the Delivery of Trauma-Informed Services to Hospital-Based Clients. (2023). *Governors State University*

Development and Implementation of Substance Use Training for Allied and Behavioral Health Professionals. Addressing the Epidemic and Improving the Outcomes. (2023) Czuba, F., Schranz, C., Burley, N., Dermer, S., Mejta, C., Mayer., C. *Journal of Allied Health*.

Partners Empowering Each Other to Thrive Over Parkinson's Disease. (June 2023). Primary Investigators: Jones, M.K., Czuba, F. Research Contributor: Schranz, C. Grant proposal to develop a study including intervention modules as part of an interprofessional Parkinson's Disease support group. Submitted to Association of Schools Advancing Health Professions Annual Conference for dissemination in Fall 2024.

Development and Implementation of an Interprofessional Training Program to Foster Evidence-based Practice in the Provision of Health and Wellness Services to Individuals, Groups and Populations. (February 2023). Intellectual Life Grant Proposal Submission, *Governors State University*. Czuba, F., Kvasnicka, R.

Primary research advisor for MOT Student Independent Research Study: Blackwell., J, Jacob, T., Murillo, G., Sain, K., Travis, A. Exploring the Relationship Between Engagement in Health Management Strategies and Performance Satisfaction in Selected Occupations. (2022). *Governors State University*.

Primary research advisor for MOT Student Independent Research Study: Campbell, K., Cram, M., Hogan, D., Ryan, A., Richman, N. Occupational Therapy Leaders' Promotion of Best Practice in Quality Care Transitions. (2021). *Governors State University*.

Primary research advisor for MOT Student Independent Research Study: Blaski, A., Craft, M., Khan, S., Martin, R., Medina, K., Mercado, J., Schranz, C. Exploring the Impact of Shelter-In-Place Restrictions on Allied Healthcare Graduate Students' Educational Learning, Health and Wellness. (2020). *Governors State University*.

Research committee member for a doctoral capstone project. Donaldson, E., The Leadership of Directors of Rehabilitation in Occupational Therapy in Skilled Nursing Facilities: A Quantitative Survey. (2019). *Governors State University*.

Research committee member for a doctoral capstone project. Fliman, I. Development of a Function-Based Assessment Within the Inpatient Hospital Setting. (2019). *Governors State University*.

Service

Occupational Therapy Department – Scholarship and Service Co-chair, *Governors State University*. (Ongoing).

Occupational Therapy Department Advisory Council Coordinator, *Governors State University*. (Ongoing).

College of Health and Human Services Faculty Search Committees, *Governors State University*. Physical Therapy Faculty Positions. (June 2022 to present).

Occupational Therapy Faculty Position. (July 2023). Health Administration and Informatics Faculty Positions. (September 2023 to present).

Institutional Wellness Committee, *Governors State University*. (Ongoing).

Developed and hosted the 1st and 2nd Annual Wellness Weeks. *Governors State University*. <https://www.govst.edu/wellnessweek/> (September 2023 and 2024).

National Board Certification of Occupational Therapy weekly exam preparation sessions. Focused study sessions, both virtual and in-person, to support Governors State University MOT graduates in preparing for the national board exam. *Governors State University*. (Ongoing)

Administration and Management Special Interest Section, Co-chair, Illinois Occupational Therapy Association. (Ongoing).

Alpha Eta Honors Society – Secretary for the awards and steering committee, *Governors State University*. (May 2022 to present).

Sexual Violence Task Force, *Governors State University*. (Ongoing).

Governors State Website update faculty representative, *Governors State University*. (December 2024).

Lobbyist Search Committee Member, *Illinois Occupational Therapy Association*. (Fall 2024).

College of Health and Human Services Annual Recognition Dinner, faculty support, *Governors State University*. (Spring 2021 to present).

Digital Learning Master Planning Task Force Member, *Governors State University*. (October 2023 through August 2024).

University of Illinois Shield Test Collection Site supervisor. *Governors State University*. (September 2021 through December 2021).

Illinois Occupational Therapy Association Annual Conference research reviewer. (May 2022 to present).

American Occupational Therapy Association Annual Conference research reviewer. (June 2022 to present).

SBRIT -Substance Abuse and Mental Health Services' Screening, Brief Allied healthcare professional video training series. Served as occupational therapy practitioner during simulations to educate individuals on appropriate utilization of substance abuse screening and resource provision to healthcare clients. (April 2021 through May 2021).

ILOTA Annual Student Conclave – Resume Reviewer and Interview Prep Skills for OT Students. NIU Conference Center. *Illinois Occupational Therapy Association*. (February 2020 to present).

Disability Expo – High School Student Open House at GSU (February 2020).

Member of the Chicago Area Council of Occupational Therapy Directors forum. (Ongoing).

Board member for Transgender Summer Camp – offering gender-divergent children a safe environment to interact and be themselves in a summer camp environment. (2014 – 2016).

Eagle Board of Review Committee Member – Boy Scout Troop 16, Oak Park, Illinois (Ongoing).

Assistant Scoutmaster – Quartermaster support for Boy Scout Troop 16, Oak Park, Illinois (2010 -2014).

Member of the Director of Rehabilitation / Team Leader Advisory Council, HCR ManorCare (2014-2016).

Co-chair of the ILOTA Geriatric Special Interest Section (2000).

Grants

Czuba, F., Garbe, R., Young, R. (awarded \$5000). Utilizing Interprofessional Education to Develop Community Educational Workshops that Address the Impacts of Social Determinants of Health of Individuals, Groups and Populations. Interprofessional Education Grant. *Governors State University*. (August 2024).

Cheng, K., **Czuba, F.** (awarded \$5000). Enhancing Interprofessional Collaboration Integrating Health Administration and Occupational Therapy Perspectives in Adolescent Polysubstance Use and Its Impact Upon Health and Wellness. Interprofessional Education Grant. *Governors State University*. (August 2024).

Honors / Awards

The Alpha Eta Society Inductee: The National Honors Society for the Allied Health Professions. *Governors State University*. (Awarded May 2022).

Occupational Therapist of the Year, 2024, *Illinois Occupational Therapy Association*. (Awarded November 2024)

Certifications

Lymphedema Management of the Upper and Lower Extremity, (2002).

Individual / Group Fitness Instructor, (2005).

Tai Chi for Arthritis / Fall Prevention Instructor, (2007).

LGBT Health Certificate, Drexel University. (2014).

Employment

Assistant Professor, Governors State University, University Park, Illinois. (2020 – Present).

Visiting Assistant Professor, Governors State University, University Park, Illinois. (2019 – 2020).

Private Practice Occupational Therapist, Oak Park, Illinois (2019 - Present)

Senior Director of Rehabilitation / Director of Rehab, Oak Lawn West, HCR ManorCare. Oak Lawn, Illinois. (2008 – 2019).

Director of Rehabilitation and Service Provision, Wholehealth Enterprises Pty Ltd, New South Wales, Australia. (2005 – 2008).

Occupational Therapist – Aged Care Specialist, North Coast Area Health Services, New South Wales, Australia. (2005 -2007).

Director of Therapy Services – Regional Director, Quality Therapy and Consultation, Orland Park, Illinois. (2001 – 2005).

Director of Rehabilitative Services, Care Plus Rehabilitative Services, Skokie, Illinois. (1998 – 2001).

Occupational Therapist – Registry, Rehabilitation Institute of Chicago, Illinois. (1997 – 1998).

Occupational Therapist – Staff Therapist / Program Development, Quality Therapy and Consultation, Orland Park, Illinois. (1993 – 1998).